



2019 Fall Faculty Development Days

Holistic Faculty & Student Success

Conference Program

August 14-16, 2019

Waubonsee Community College
Sugar Grove Campus
Academic & Professional Center





WAUBONSEE
COMMUNITY COLLEGE

Faculty Development and Engagement



**2019 Fall
Faculty Development
Days**

**Wednesday
August 14, 2019**

Holistic Faculty & Student Success

8:30 to 9 a.m.	APC-158
9 to 10 a.m.	APC-110BC
10 to 11:30 a.m.	APC-110ABCD
11:30 a.m. to 12:30 p.m.	APC-110BC
12:30 to 12:45 p.m.	
12:45 to 1 p.m.	APC-110BC
1 to 3 p.m.	APC-110BC

Beverage Service Only ~ Coffee, Tea and Water

President's State of the College Address
Dr. Christine J. Sobek, President

All College Brunch

President's State of the College Address
Dr. Christine J. Sobek, President

Break

Welcome, Opening Remarks and Faculty Announcements
Dr. Diane Nyhammer, Vice President of Educational Affairs

Keynote Introduction
David Voorhees, Professor of Earth Science and Geology

Keynote
From Unwell to Wellness: Mitigating Role Strain and Fostering Success in Community Colleges
Dr. Eboni M. Zamani-Gallaher, Professor Department of Education, Policy, Organization and Leadership and Director of the Office of Community College Research and Leadership (OCCRL)



WAUBONSEE
COMMUNITY COLLEGE

Faculty Development and Engagement



2019 Fall Faculty Development Schedule

Thursday
August 15, 2019

Holistic Faculty & Student Success

12:30 to 1:45 p.m.

APC-165

**AEFIS Training: Opportunity 1 of 4
Assessment, Evaluation, Feedback & Intervention System
(AEFIS) for Waubonsee**

JP Connolly, Professional AEFIS Trainer
Justin Hoshaw, Assessment Liaison
Caitlin Meehan, Professional AEFIS Trainer
Mike Moran, Assessment Liaison

APC-290

Optional: Instructional Technology Drop-in Assistance
Drop-in for help with uploading your syllabus, setting up the Grade Center, or learning how to record a welcome video in Blackboard.

Dr. Hoitung Terry Leung, Instructional Designer/Technologist
Eamon Newman, Assistant Dean for Online Learning and Flexible Delivery
Tammy Schiesl, Technology Trainer

2 to 3:15 p.m.

APC-120

Track 1A: Identifying and Supporting Students Living with Mental Health Issues

Deb Jones, Workforce Coordinator, Health Professions and Public Service
Heidy Kindelin, Counselor for the Access Center for Disability Resources/Professor

APC-160

Track 1B: Unlocking the Key to a Safe and Productive Learning Environment

Dr. Emily Heller, Instructor of Kinesiology and Health Education
Mike Moran, Assistant Professor of Human Services
Dr. Scott Peska, Assistant Vice President of Student Services

APC-165

**Track 1C: AEFIS Training: Opportunity 2 of 4
Assessment, Evaluation, Feedback & Intervention System
(AEFIS) for Waubonsee**

JP Connolly, Professional AEFIS Trainer
Justin Hoshaw, Assessment Liaison
Caitlin Meehan, Professional AEFIS Trainer

3:15 to 3:30 p.m.

Break

3:30 to 4:45 p.m.

APC-120

Track 2A: Supporting Students in Challenging Times

Dr. Scott Peska, Assistant Vice President of Student Services

Larry Stefanski, Campus Police Sergeant

APC-160

Track 2B: Your Wellness: So You Can Be the Best Version of Yourself

Julie Wyller, Adjunct Faculty, Kinesiology and Physical Education

APC-165

Track 2C: AEFIS Training: Opportunity 3 of 4 Assessment, Evaluation, Feedback & Intervention System (AEFIS) for Waubensee

JP Connolly, Professional AEFIS Trainer

Justin Hoshaw, Assessment Liaison

Caitlin Meehan, Professional AEFIS Trainer

Mike Moran, Assessment Liaison

4:45 to 5:45 p.m.

APC Event Room Lobby

Information Resource & Committee Fair

5:15 to 5:45 p.m.

APC-120

President's Abbreviated State of the College Address

Dr. Christine J. Sobek, President

5:45 to 6:45 p.m.*

APC-110BCD

Faculty Development Dinner

*Formal Program begins promptly at 6:15 p.m.

Welcome and Recognition of Outstanding Faculty Member

Dr. Diane Nyhammer, Vice President of Educational Affairs

Dr. Christine J. Sobek, President

Outstanding Faculty Recipient Remarks

Dr. Jeanne McDonald, Professor of English

6:45 to 7 p.m.

Break

7 to 9 p.m.

Division Meetings (Facilitated by the Deans and Assistant Deans) & Discipline/Department/Program Meetings (Facilitated by the Full-time Faculty)

APC-180

Academic Support

APC-280

Adult Education

APC-170

Business and Career Technologies

APC-160

Communications, Humanities and Arts

APC-158

Counselors

APC-270

Health Professions and Public Service

APC-120

Mathematics and Sciences

APC-260

Social Sciences, Education and World Languages



**2019 Fall
Faculty Development
Schedule**

**Friday
August 16, 2019**

Holistic Faculty & Student Success

9 to 10:30 a.m.	APC-110BC
10:30 to 11:45 a.m.	APC-120
	APC-110A
	APC-165
11:45 to Noon	
Noon to 1:30 p.m.	APC-110D
1:30 to 4 p.m.	APC-165

Breakfast

Track 3A: School–Life Balance
Cindy Bowman, Academic Support Coach - Academic Support

Track 3B: Mindfulness 101
Julie B. Gibson, Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor

Track 3C: AEFIS Training: Opportunity 4 of 4 Assessment, Evaluation, Feedback & Intervention System (AEFIS) for Waubonsee
JP Connolly, Professional AEFIS Trainer
Justin Hoshaw, Assessment Liaison
Caitlin Meehan, Professional AEFIS Trainer
Mike Moran, Assessment Liaison

Break

Faculty Council Meeting & Potluck

Optional: AEFIS Drop-in Assistance
JP Connolly, Professional AEFIS Trainer
Caitlin Meehan, Professional AEFIS Trainer
Join JP and Caitlin anytime between 1:30 and 4 p.m. to work on your Plan for Learning Improvement, Annual Update, Program Review, Rubrics, or to learn more about AEFIS’s additional features for faculty.

Waubonsee Community College does not discriminate based on any characteristic protected by law in its programs and activities.

If you need a sign language interpreter or an accommodation for this event, please contact the Office of Faculty Development and Engagement, facultydae@waubonsee.edu or (630) 466-2476. A minimum of two weeks’ notice is requested.



2019 Fall Faculty Development Days Menu

WEDNESDAY AUGUST 14

Beverage Service | APC-158

Coffee, Tea and Water

Brunch | APC-110ABCD

Baked Ham

Baked Potato Bar

Side Toppings: Cheese and Broccoli, Cheese, Sour Cream, and Chives.

Crispy Bacon

Fresh Green Beans

Gluten-Free Pancakes

Scrambled Eggs

Market Salad

Side Toppings: Cucumbers, Tomatoes, Balsamic Vinaigrette and Ranch.

Seasonal Fruit Salad

Western Scrambled Eggs

Dessert

Assorted Cookies and Muffins

Beverages

Orange Juice, Apple Juice, Cranberry Juice, Coffee, Tea or Water

THURSDAY AUGUST 15

Beverage Service | APC-158

Coffee, Tea and Water

Dinner | APC-110BCD

Crustless Tilapia with Chive

Butter sauce

Grilled Chicken with Bruschetta Topping

Panko Crusted Tilapia with Chive and Butter Sauce

Portobello Mushroom Napoleon

Sides

Vegetable Quinoa

Pear and Fresh Spinach Salad

Side Toppings: Toasted Almonds, Fresh Pears and Feta Cheese.

Grilled Balsamic Zucchini

Dessert

Apple Crisp

Molten Chocolate Cake

Beverages

Coffee, Tea and Water

FRIDAY AUGUST 16

Beverage Service | APC-158

Coffee, Tea and Water

Breakfast | APC-110D

Crispy Bacon

Oatmeal or Yogurt Bar

With Strawberries, Blueberries, Blackberries, Raspberries, Bananas, Chocolate Chip, Granola, Walnuts, Brown Sugar, and Non-Fat Milk.

Seasonal Fruit Salad

Beverages

Orange Juice, Apple Juice, Cranberry Juice, Coffee, Tea or Water



WAUBONSEE
COMMUNITY COLLEGE

Faculty Development and Engagement




Information Resource & Committee Fair

Departments/programs/service areas, etc.

- ★ Academic and Career Advising
- ★ Access Center for Disability Resources
- ★ Bookstore
- ★ Campus Police
- ★ Campus Services
- ★ Connect4Success
- ★ Counseling and Student Support
- ★ Fitness Center
- ★ Human Resources
- ★ Learning Assessment and Testing Services
- ★ Learning Outcomes, Curriculum and Program Development
- ★ Library
- ★ Payroll
- ★ Registration and Records
- ★ Student Life
- ★ Student Success & Retention
- ★ Tutoring Center
- ★ Waubonsee Community College Foundation Scholarship Program
- ★ Workforce Education and Training

Committees

- ★ Campus Assessment Team (CAT)
 - ★ Council for Access and Inclusion (CAI)
 - ★ Counseling and Advising Coordinating Council (CACC)
 - ★ Emergency Needs Scholarship Committee
 - ★ Employee Engagement Team
 - ★ Employee Development Team
 - ★ Faculty Excellence Team (FET)
 - ★ Outcomes Advisory Council (OAC)
 - ★ Scholarship Selection Committee
 - ★ Sexual Violence Awareness and Prevention Team (SVAPT)
 - ★ The Integrity Project (TIP)
 - ★ Waubonsee Cares
- 

Space Assignments

Division Meetings:

Academic Support	APC-180
Adult Education	APC-280
Business and Career Technologies	APC-170
Communications, Humanities and Arts	APC-160
Counselors	APC-158
Health Professions and Public Service	APC-270
Mathematics and Sciences	APC-120
Social Sciences, Education and World Languages	APC-260

Discipline/Department/Program Meetings:

Adult Education	APC-280
Business and Career Technologies	APC-170
ACC	APC-170
ABR	APC-170
AUT	APC-170
AMT	APC-170
BUS/CMT/REL	APC Lobby-Pod C
CAD/EGR	APC-170
HVA	APC-170
CIS	North End Hall-Table 1
MTT	APC-170
WLD	APC-170
Communications, Humanities and Arts	APC-160
ART/GRD	APC-145A
COM/MCM/THE	APC-145C
ENG	APC-185
HUM	APC-160
MUS	APC-160

Counselors Drop-in Outcomes & Assessment Assistance	APC-158
Academic Support	APC-180
ENG (IRW)	APC 165
MTH	APC-190
COL	APC-180
Librarians	APC-180
Health Professions and Public Service	APC-270
CRJ	APC Lobby-Pod D
EMT	APC-270
FSC	APC Lobby-Pod E
ITP/SGN	APC Lobby-Pod F
HIT	APC Lobby-Pod B
HSV	APC-270
NUR	APC-258
CNA	APC Lobby-Pod A
LGI	APC-270
TMS	APC-270
MLA/SUR/PBT	APC-270

Discipline/Department/Program Meetings:

Mathematics and Sciences	APC-120
BIO/SUS	APC-120
CHM	APC-194
AST/ESC/PHY	APC-175
MTH	APC-195
Social Sciences, Education and World Languages	APC-260
ANT/SOC	APC-260
ECE	APC-260
ECN	APC-245
EDU	APC-269
HED/KPE	APC-260
HIS	APC-260
PHL/RLG	APC-260
PSC	APC 260
PSY	APC Loft
CHN/FRE/GER/JPN/SPN	APC-260

2019 Fall Faculty Development Days Survey



Survey Opens: Friday, August 16th at 3 p.m.

Survey Closes: Friday, August 23rd at 3 p.m.

On Friday afternoon, this link will be sent to your Waubonsee email address:

[2019 Fall Faculty Development Days Survey](#)

We thank you in advance for your valuable time and formative feedback!

Session Descriptions

Session: **Keynote**

From Unwell to Wellness: Mitigating Role Strain and Fostering Success in Community Colleges

Keynote Speaker: Dr. Eboni M. Zamani-Gallaher, Professor Department of Education, Policy, Organization and Leadership and Director of the Office of Community College Research and Leadership (OCCRL)

Session Description:

This keynote session will examine the issue of holistic well-being and development for community college students as an equity issue given the disproportionate attention paid to their mental health in the extant literature. The presentation will highlight stressors for diverse groups and contextualize various aspects of role strain, role conflict, barriers to wellness and how systemic inequities affect students (i.e., their physical, physiological, and psychosocial holistic health) and subsequently their success. Attendees will have the opportunity to consider the nuances of wellness relative to awareness, choice, and the process involved in attaining and maintaining a healthy well-being. Additionally, discussed will be the critical importance of cultural proficiency and employing anti-deficit lens in working with community college students. This session will close with a discussion of strategies, skills, and support systems that facilitate the promotion of healthy well-being.

Session: **Track Session 1A**

Identifying and Supporting Students Living with Mental Health Issues

Facilitators: Deb Jones, Workforce Coordinator, Health Professions and Public Service, and **Heidy Kindelin**, Counselor for the Access Center for Disability Resources/Professor

Session Description:

This session is designed to help faculty identify and act in situations where students disclose or present symptoms of mental health concerns. The topics will range from generalized anxiety and depression to subjects of a more serious concern, such as PTSD, psychosis, and risk of suicide/self-harm. The facilitators will review available Waubonsee and community resources, and provide faculty with strategies they can use to assist students in these situations.

Session: **Track Session 1B**

Unlocking the Key to a Safe and Productive Learning Environment

Facilitator: Mike Moran, Assistant Professor of Human Services

Session Description:

The purpose of this seminar is to empower Waubonsee faculty to address student behavior/concerns in the classroom while maintaining a safe and welcoming educational environment. Topics to be covered include understanding the faculty role related to conflict resolution, preventive measures that maintain positivity in the classroom, basic triage of classroom disturbances, and an overview of the student conduct process. Upon completing this workshop, faculty should feel more confident in how they will work to prevent disturbances as well as how they will handle disruption should it arise.

Session: **Track Session 2A**
Supporting Students in Challenging Times
Facilitators: **Dr. Scott Peska**, Assistant Vice President of Student Services, and
Larry Stefanski, Campus Police Sergeant

Session Description:

Scott Peska will discuss time management for students and tools faculty can pass along to students to assist. Understanding that students who end up before the Conduct Board are usually there because they made poor choices after not managing their time adequately, Scott will help faculty with the "advice" part of the loop. Scott will also do some literal juggling during his entire presentation to demonstrate students' challenges with management as they juggle their commitments. Larry will discuss drugs and drug addiction in the student population and present tools for recognition of this in our students. He will also present an action plan for faculty faced with this challenge.

Session: **Track Session 2B**
Your Wellness: So You Can Be the Best Version of Yourself
Facilitator: **Julie Wyller**, Adjunct Faculty, Kinesiology and Physical Education

Session Description:

We are often juggling the demands of work, families, everyday stress, time management, anxiety, unhealthy eating habits and health problems, which can be overwhelming! This wellness presentation will provide practical options that can increase your well-being and nurture a healthy state of mind. We will take a look at why your wellness is vital to your physical and mental health, and how a healthy mind and body impacts your capacity to effectively support students. We will discuss personal and professional goal setting, healthy snack options, practical stretches/movements and breathing exercises that can be done between classes or while taking a break from grading.

Session: **Track Session 3A**
School-Life Balance
Facilitator: **Cindy Bowman**, Academic Support Coach

Session Description:

Cindy Bowman will give an overview of the academic support services available to help Waubonsee students. She will discuss some student success stories and show how academic coaching can lead to better school-life balance. She will discuss advice and tools she gives students in particularly challenging classes (eg. BIO120) that lead to success. She will distribute a handout that offers faculty ideas to help students balance their class loads and their lives in order to promote their overall academic success and wellness.

Session: **Track Session 3B**
Mindfulness 101
Facilitator: **Julie Gibson**, Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor

Session Description:

We live in a busy, noisy, and demanding world. Stress, anxiety, and "overwhelm," are common, especially when faculty are preparing for a new semester. In this 75-minute fun and experiential workshop, you'll learn and practice reliable, evidence-based tools to work skillfully with life's challenges, and how to share these mindfulness strategies with your students. Who knew one's very breath could become a path to less reactivity, more creativity and balance? It is not always easy being human, but as Ram Daas once said, "We are all just walking each other home."

Speakers' Bios

Facilitator: **Cindy Bowman**, Academic Support Coach

Session: **Session 3A**

School-Life Balance

Bio: Cindy Bowman has been the Academic Support Coach in Waubonsee's Sugar Grove Tutoring Center since 2014. She helps students with study skills, time management, and life skills on both a one-on-one and group basis and also speaks to students in a classroom setting. Her goal is to individualize the information she offers so each student knows what skills need to be addressed without feeling overwhelmed. Prior to serving in her current role, she was an Admissions Advisor at Waubonsee for five years and has adjunct experience in a variety of academic areas. Cindy has contributed to Waubonsee on a variety of committees in all her roles by consistently advocating for the successful student experience. Before Waubonsee, Cindy worked in campus scheduling and taught 7th and 8th grade. She has a Master's Degree in Liberal Studies from North Central College and a Bachelor's Degree in Elementary Education from the University of St. Francis.

Facilitator: **Julie Gibson**, Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor

Session: **Track Session 3B**

Mindfulness 101

Bio: Julie Gibson has been a clinical social worker since 1996, learning every day that compassion and awareness are two of the most powerful healers around. She has worked with urban adolescent after-school programs, mobile assessment crisis teams, and managed housing and support programs for persons with serious mental illness. Currently, Julie teaches mindfulness skills as a therapist working with veterans, civilians and young people. As a certified Mindful Schools Instructor, she has worked with The New Berlin School District, Milwaukee Municipal staff, Elmwood School District staff and families in her own neighborhood. Julie is trained in Mindfulness Based Cognitive Therapy and the Mindfulness VA model and is happy to share information about mindfulness to anyone interested. Julie received her Masters in Social Work from The University of Chicago in 1996.

Facilitator: **Dr. Emily Heller**, Instructor of Kinesiology and Health Education

Session: **Track Session 1B**

Unlocking the Key to a Safe and Productive Learning Environment

Bio: Emily Heller has been certified as an ACSM Personal Trainer since 2008. Prior to her current role as an Instructor of Kinesiology and Physical Education, she worked for five years at Waubonsee's Total Fitness Center as a Fitness Specialist. Her role consisted of teaching small group training classes, working with personal training clients, and implementing innovative exercise programs for students, athletes, and community members. In addition, Emily taught group exercise classes for employees at Fermilab in Batavia, Illinois for many years.

Additionally, Emily has taught at Northern Illinois University as a Graduate Teaching Assistant in the Kinesiology and Physical Education Program, while pursuing her Master's Degree at NIU. Upon completion of that degree, Emily taught at Aurora University as an adjunct in the Kinesiology Program than later as a Lecturer of Interdisciplinary Studies.

Emily has an Associate of Arts from Waubonsee Community College, a Bachelor's Degree in Psychology from Beloit College, a Master's Degree in Kinesiology and Physical Education from Northern Illinois University, and a Doctorate of Education from Aurora University.

Emily is an active member of the American College of Sport Medicine (ACSM) and The Association of Applied Sport Psychology (AASP).

Facilitator: **Deb Jones**, Workforce Coordinator, Health Professions and Public Service

Session: **Session 1A**

Identifying and Supporting Students Living with Mental Health Issues

Bio: Deb Jones received her Master of Public Health degree with a focus on Health Education and Health Promotion. She has more than 20 years of experience as an educator in the industries of public health, preventative health, and health education. For the past 14 years, Deb has taught undergraduate and graduate-level health and public health courses at local community colleges and universities. She is nationally certified as a Health Education Specialist through the National Commission for Health Education Credentialing, Inc. and is also certified as a Mental Health First Aid Instructor through the National Council on Behavioral Health.

Deb is particularly interested in reducing potential barriers to student success. Mental health issues are very common among the college and graduate student population. Therefore, she has implemented multiple strategies to identify struggling students and provide them with pertinent resources, accommodations, and support.

Facilitator: **Heidy Kindelin**, Counselor for the Access Center for Disability Resources/Professor

Session: **Session 1A**

Identifying and Supporting Students Living with Mental Health Issues

Bio: Heidy Kindelin, Counselor for the Access Center for Disability Resources/Professor at Waubensee Community College, holds a Bachelor of Science degree in Deaf Education from Illinois State University and a Master of Arts degree in Deafness Rehabilitation Counseling from Northern Illinois University. She has been a Certified Rehabilitation Counselor since 1993. She has worked with students with disabilities for 37 years, first as a teacher of students who were deaf and hard of hearing and currently as a counselor for college students with disabilities. At Waubensee, she has worked as a sign language interpreter, counselor with the TRIO program, counselor with the STAR program and for the last 17 years as the counselor for the Access Center. During her time at Waubensee, she has sat on a variety of college committees including Student Conduct and the Campus Assessment Team.

Facilitator: **Mike Moran**, Assistant Professor of Human Services

Session: **Track Session 1B**

Unlocking the Key to a Safe and Productive Learning Environment

Bio: Mike Moran has worked in the field of substance use disorder treatment and prevention in a variety of roles since 1981. Mike has a Master's degree in Clinical Psychology from Roosevelt University and is a Certified Advanced Alcohol and Drug Abuse Counselor (CAADC) in the State of Illinois. He is currently employed as an Assistant Professor in the Human Services Program at Waubensee Community College. In that role he serves as the coordinator of the accredited Alcohol and Other Drug Abuse Counselor Training Programs, preparing students for careers as substance use disorder treatment professionals. Prior to his employment at the college Mike served for 17 years as the Executive Director at Breaking Free, Inc., an outpatient treatment and prevention agency located in Aurora, Illinois. He has also served in a variety of clinical, supervisory and staff development roles at both outpatient and residential treatment settings in Illinois. He has served as a volunteer for a number of nonprofit organizations, including Prevention First, IAODAOPCA, the DuPage Prevention Partnership, DuPage MISA consortium and currently with PATH. Mike and his wife currently reside in Wheaton, Illinois.

Facilitator: Dr. Scott Peska, Assistant Vice President of Student Services

Sessions: Session 2A

Supporting Students in Challenging Times

Session 1B

Unlocking the Key to a Safe and Productive Learning Environment

Bio: Dr. Scott Peska serves Waubensee Community College as the Assistant Vice President of Student Services with responsibility for Athletics, Testing Services, Access Center for Disability Resources, Registration and Records, Financial Aid and oversight of the Campus Assessment Team. Prior to Waubensee, Dr. Peska worked at Northern Illinois University and the University of Illinois at Urbana-Champaign in various Student Affairs positions. He received both his baccalaureate and master's degrees in Communication from Illinois State University, and a doctoral degree in Higher Education Administration with an emphasis on Community College Executive Leadership at the University of Illinois at Urbana-Champaign. Dr. Peska actively teaches doctoral classes through Northern Illinois University's Counseling and Higher Education department and serves in numerous leadership roles in professional and local organizations. Dr. Peska speaks publicly on overcoming adversity, moving forward after campus tragedies, benefits of laughter in diversity education, juggling multiple priorities, and engaging in servant leadership.

Facilitator: Larry Stefanski, Campus Police Sergeant

Session: Track Session 2A

Supporting Students in Challenging Times

Bio: Sergeant Larry Stefanski was born and raised in Aurora, Illinois, graduating from Marmion Military Academy. From there, he went on to attend college in Minnesota, graduating from St. Mary's University. He worked for the Minneapolis Police Department and after four years, he returned to Aurora, and he joined the Oswego Police Department in 1986. He retired in 2009 and was hired full time at Waubensee in 2012. He is the proud father of seven children, has been blessed with eight grandchildren, and plays golf if he has any spare time.

Facilitator: Julie Wyller, Adjunct Faculty, Kinesiology and Physical Education

Session: Session 2B

Your Wellness: So You Can Be the Best Version of Yourself

Bio: Julie Wyller has been an Adjunct Faculty at Waubensee Community College in the Kinesiology and Physical Education Department since 2017. She holds her Teaching Certification, Yoga Certification and an M.S.Ed. specializing in Teaching and Curriculum. She has spent 10 years as a public education teacher and has worked for the Paramount School of the Arts.

Keynote Speaker: Dr. Eboni M. Zamani-Gallaher, Professor Department of Education, Policy, Organization and Leadership and Director of the Office of Community College Research and Leadership (OCCRL)

Keynote: ***From Unwell to Wellness: Mitigating Role Strain and Fostering Success in Community Colleges***

Bio: Dr. Eboni M. Zamani-Gallaher holds a Ph.D. in Higher Education Administration with a specialization in Community College Leadership and Educational Evaluation from the University of Illinois at Urbana-Champaign. Her teaching, research, and consulting activities largely include psychosocial adjustment and transition of marginalized collegians, transfer, access policies, student development and services at community colleges. Dr. Eboni M. Zamani-Gallaher's research has been published in various journals and scholarly texts, including *Equity and Excellence in Education*, *Higher Education Policy*, and *New Directions for Student Affairs*. She has authored/edited seven books. Her most recent titles include *Working with Students in Community Colleges: Contemporary Strategies for Bridging Theory, Research, and Practice* (ACPA/Stylus Publishing), *ASHE Reader Series on Community Colleges, Fourth Edition* (Pearson Publications), and *The Obama Administration and Educational Reform* (Emerald Group Publishing).



Association of College and University Educators

Course in Effective Teaching Practices

Congratulations to the first Waubonsee cohort!

Divya Ajinth, F. Scott Allsbrook, Sandra Anderson, Fariya Azhar, Larry Becker, Marcy Bock, Kaitlin Burgess, Scott Buziecki, Amy Chaaban, David Chase, Jason Chatman, Tracey Dosch, Dani Fischer, Morgan Franczyk, Rosemary Fugazzotto, Andrea Greer, Sara Gregory, Martha Hann, Justin Hoshaw, Laurel Krueger, Tracy Limbrunner, Lilia Mendoza, Jon Nichols, Amy Powers, Chris Purdy, Patty Saccone, Shyree Sanan, Janice Smith, Richard Swiech and Brian Wetters!

Faculty Development & Engagement
FacultyDAE@waubonsee.edu
(630) 466-2476



WAUBONSEE
COMMUNITY COLLEGE

Faculty Development and Engagement

Our new website has finally LAUNCHED!



facultydae.waubonsee.edu



Waubonsee Musings

Do you have an activity that you do in your classroom that you think other faculty may be interested in trying? Have you tried some new and different pedagogy? Have you read a great book about teaching? Share your new found knowledge with your colleagues by contributing to the new blog *Waubonsee Musings*. Submit your musing today for publication!

For submission or more information contact
David Voorhees
dvoorhees@waubonsee.edu

Visit online at
facultydae.waubonsee.edu/engagement/musings




WAUBONSEE
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Faculty Development and Engagement



Front Row: Dr. Laura Ortiz, Robin Luxton and Angelia Williams
Back Row: Amy Frankel, Eamon Newman, David Voorhees and Dr. Hoitung Terry Leung



**Mental Health +
First Aid Course**

This 8-hour course incorporates an evidence-based curriculum in which participants will learn how to identify risk factors and warning signs of several mental health issues. They will also be given strategies for managing crises and identifying appropriate mental health treatment resources. Upon successful completion of the course, participants will receive the nationally recognized certification in Mental Health First Aid.

Date: September 27, 2019
Time: 8:00 a.m. – 4:30 p.m.
Location: SGC – Bodie Hall, Room 147

Training Contact:
 Brandy Baker bbaker@waubonsee.edu
 (630) 466-2403



American Heart Association®

CPR, AED & First Aid Training

This training combines hands-on, scenario based AED instruction with adult, child and infant CPR training.

In addition to basic first aid techniques, participants will also learn how to identify and provide basic care for choking, heart attacks, fainting, strokes, seizures, allergic reactions, poisoning, low blood sugar, and more.

Dates: TBD
Request on Cornerstone today!

Training Contact:
 Brandy Baker bbaker@waubonsee.edu
 (630) 466-2403



Contact your EAP for

- Toll Free 24/7 Service
- Access to Mental /health Professionals
- Flexible Scheduling
- Free Confidential Counseling & Referral

FREE Confidential Assistance
1.800.327.2255
www.nexgeneap.com

Note: If you are a first time user of the EAP resources, the Member ID is 29078485 and the Group ID is 8596.



ANNUAL FITNESS WALK 

Join us in the Fall Fitness Walk! Recruit your co-workers for some fitness, fun and fresh air. This is a great way to enjoy the beauty of fall and to kick-off your commitment to a healthier lifestyle.

Thursday, September 19 at 11:30 a.m.
(Rain Date: Thursday, September 26)
Meeting Locations:
SGC – Office of Human Resources, Bldg. A
DWNTN – Front Desk in Lobby

Office of Human Resources
 Building A Room 110
 630-466-2900 x2749



Special Thanks

Special thanks to the members of the Faculty Development and Engagement Team, Faculty Excellence Team and Joint Instructional Council for their inspiring collaboration and hard work to create and offer Waubonsee's Faculty Development Days Professional Conference: Holistic Faculty & Student Success.

Faculty Development and Engagement Team:

Dr. Nancy Christensen, Amy Frankel, Dr. Hoitung Terry Leung, Eamon Newman, Dr. Laura Ortiz, Dr. Amanda Smothers, and Angelia Williams, and as of Summer 2019, Robin Luxton and David Voorhees.

Faculty Excellence Team:

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